# Planning for Implementation Practice (PIP™)

Offered by
The Hospital for Sick Children (SickKids)
Toronto, Canada

Is your team looking to implement a new practice, intervention or innovation?

Do you need to develop an implementation plan but you're not sure where to start?

### **Course Overview**

Implementing evidence-based practices is a complex process. There are dozens of implementation theories, models and frameworks in the literature, but knowing which one to use and when is often a barrier to implementation on the ground. The Planning for Implementation Practice (PIP™) workshop provides a practical approach to developing an implementation plan for a new intervention or innovation. PIP™ covers the core elements of implementation science with a focus on learning and planning. Participants will gain a foundational understanding of implementation science and learn how to use an evidence-based implementation planning framework.

### Who should take PIP™?

The workshop is intended for implementers, researchers, practitioners, community partners and policy/decision-makers.  $PIP^{\mathsf{M}}$  is appropriate for implementation teams from any field or

sector who are a) new to implementation science and b) currently working to implement a practice, intervention or innovation in their setting. Participants must attend as a team (2-4 multidisciplinary team members).

### **Course Content**

Teams will leave with an understanding of implementation science and a working draft of the implementation plan for their initiative.

# **Learning Objectives**

Upon completion of the course, participants will be able to:

- Define implementation and related terms
- Describe the five main components of implementation planning
- Apply an implementation planning framework to their own initiative





# **Syllabus**

Module	Description
Overview of Implementation Science	Implementation is complex and there is a great deal of new evidence being published in the literature. In this module, the current literature is summarized and reduced to five core elements which are essential for implementation planning.
Understanding Your Intervention	Successful implementation requires a clear understanding of the intervention being implemented. Here, participants work through a group activity to define the core components of their intervention. This activity includes identifying the people, processes and evaluation necessary for successful implementation.
Implementation Planning	The final group activity allows each implementation team to familiarize themselves with the five elements of implementation planning and begin developing their own implementation plan using The Implementation Game©.

# **Faculty**

# Melanie Barwick, PhD, CPsych

Melanie is the course founder and director. She is a Senior Scientist in the Child Health Evaluative Sciences Program of the SickKids Research Institute, and a Registered Psychologist. She is a Full Professor in the Department of Psychiatry and at the Dalla Lana School of Public Health, University of Toronto. Melanie joined SickKids in 2001 and her program of research focuses on implementation science and knowledge translation.

## Jacquie Brown, MES, RSW

Jacquie is an international Implementation Consultant, Executive Director of Families Foundation and Co-Director for the Child and Family Evidence-based Practice Consortium. As an implementation practitioner, Jacquie is involved in the implementation of evidence-based practices and best practices in the health care sector, education sector and community-based services sector and the implementation of Triple P – Positive Parenting Program in Europe, Australia and sub-Saharan Africa.

## **Registration Details**

#### **Time Commitment**

• One day (9 a.m. – 4 p.m.)

#### Course Fee

Fee: \$1,800 CAD including HST for a team of up to 4 individuals.

#### Includes

- · Continental breakfast, lunch and snacks
- · Course materials
  - The Implementation Game (one copy)
  - The Implementation Game Facilitation Guide
  - Course manual

#### **Application Process**

- Each workshop can accommodate up to 5 teams (2-4 individuals per team).
- Team members can be implementers, researchers, practitioners, community partners, policy/decision-makers, or other key individuals involved in planning and executing your implementation endeavour. Teams should be multidisciplinary, including one implementer, to ensure that different perspectives are represented during the planning process.
- All participants must be available to attend the entire workshop in person.
- Applications become available approximately 4 months in advance of each session.
- Applications are reviewed for alignment with workshop learning objectives and are approved on a first come first serve basis.
- Application window closes 6 weeks before the start of each session.
- To receive the application, please email srdjana.filipovic@sickkids.ca.

## Dates

Please contact us for upcoming training and application dates.

